

# WOMEN'S CAMP INFORMATION

## **CONTACT INFORMATION**

Camp Office: 208-830-9144

Registrar: Renee Rohman, Registrar@Episcopalidaho.org

Camp Director: Megan Kittridge, CampDirector@Episcopalidaho.org

Assistant Camp Director: Caitlin Martin, AssistantCampDirector@Episcopalidaho.org

#### **DATES FOR WOMEN'S CAMP 2024**

Friday, August 16 (4pm) – Monday, August 19 (11am)

### **INCLUSION STATEMENT**

Paradise Point values and respects the dignity of all individuals, which includes all races, denominations, gender identification, and sexual orientation. We do this by training and educating our staff, notifying all participants of our programming, and reinforcement of these values when necessary. We use pronoun introductions and are inclusive of trans\* and non-binary people (campers, volunteers, and staff).

### **BALANCE DUES/REFUND/CANCELLATION POLICY**

Session balances are due one week before the first day of the registered session. If there is an outstanding balance during the check-in process of that registered session the parent/guardian must either pay in full or set up a payment plan. A \$25 per-person, per-session non-refundable deposit is due at the time of registration. A \$50 cancellation fee will be charged if a reservation is canceled less than one week before the first day of camp. Due to the challenge of filling spaces, no refunds will be issued on or after the first day of the registered session. In cases of homesickness, dismissal or voluntary withdrawal, no refunds will be issued. All refunds will be processed within 30 days of the last day of the last camp session.

### **CAMPER EXPECTATIONS**

All campers at Paradise Point Camp agree to respect camp staff, their fellow campers, wildlife, and the camp property. For their own safety, the safety of others, and for the safekeeping of Paradise Point, campers agree to follow the Paradise Point guidelines as presented on the first day of camp and as outlined in this document.

### **MEDICAL CARE**

In case of an emergency, arrangements have been made with the St. Luke's McCall Medical Center, which is about eight miles from Camp. If it is determined that a camper needs to visit the doctor's office or emergency room, the camper's insurance is billed.

### **HEALTH CENTER**

While we do not have an on-site health care provider for Adult Camps, all staff are trained and certified in Red Cross CPR/First Aid/AED. The Health Center is available for participant use if accompanied by staff. Over the counter medication and basic first aid supplies are available.

### **DIETARY NEEDS**

Paradise Point Camp is a peanut-free facility. Please do not send or bring any peanuts or peanut items to camp.

It is our desire that all participants be able to experience Paradise Point without concern or anxiety of dietary restrictions. We can work with a variety of dietary restrictions, including vegetarian, gluten, dairy, egg, and nut allergies. To meet the needs of these participants, it is necessary to obtain as much information as possible **prior to the arrival** at camp. During the registration process you are able to list any special dietary needs. Please be as specific as possible regarding the exact nature and severity of any allergy or intolerance.

Please note that we will make every effort to accommodate special requests. However, due to our open kitchen that handles the major allergens (gluten, wheat, dairy, nuts, etc...) we cannot guarantee that items will be completely "free" of any ingredient. While

*Updated 11/2023* Page **1** of **4** 

Paradise Point works to provide meals which meet these special needs as much as possible, it is the responsibility of the individual to avoid those foods that they are unable to eat. In certain cases, we allow participants to bring some of their own food items, made available to campers at meal and snack times.

### **ARRIVAL & DEPARTURE**

Please plan to arrive at Paradise Point no earlier than 4:00 PM on the first day of camp. The gate at the top of the driveway will not open before 3:45pm. After driving down the camp driveway, you will be greeted by a staff member who will direct you to parking. Please check-in with camp staff in the main parking lot before heading to your assigned lodging. At the check-in table, you will be able to sign all necessary permission forms, receive your assigned lodging, make a deposit for your Brown Bear camp store account, and can take care of any account balances due. Check-in after 7:00 PM on arrival day occurs at the Camp Office in the yurt. Please contact the Camp Administrative Assistant if arriving after 9:00 PM.

Please plan on **departing** camp no later than **11:00 AM** on the last day of camp. There is no need to clean your cabin or room, but please make sure you have all your belongings before leaving.

### TYPICAL WOMEN'S CAMP SCHEDULE: (tentative)

Arrival		Full Day		Full Day		Departure Day	
4:00	Check-In	7:30	Wakeup Bell	8:00	Wakeup Bell	7:30	Wakeup Bell
6:30	Dinner	8:00	Morning Prayer	8:30	Breakfast	8:00	Morning Prayer
	Orientation	8:30	Breakfast	9:30	Eucharist	8:30	Breakfast
7:30	Introductions	9:30	Intro to Meditation	12:30	Lunch	9:30	Activity choice time
8:30	Evening Prayer	10:00	Meditation Time	2:00-6:00	Activity choice time	10:30	Pack-Up
10:30	Quiet Time	12:30	Lunch		-Archery	11:00	Departure
12:30	Lights Out	2:30	Meditation Closing		-Ceramics		
		3:00-5:00	*Activity choice time		-Giant Swing		
			-Axe Throwing		-Wibit		
			-High Ropes		-Camp Store Open		
			-Wibit		-Boat trip		
			-Ceramics	6:00	Dinner		
			-Camp Store Open	8:00	Campfire		
			-Boat trip	10:30	Quiet Hours		
		5:30	*Fellowship Hour	12:30	Lights Out		
		6:30	Dinner			_	
		7:30	Campfire				
		9:00	Luminaries				
			Compline				
		10:00	Lights Out				
		10:30	Quiet Hours				

<sup>\*</sup> Fellowship Hour: This is a time for creating friendships and celebrating the Paradise Point community! Camp provides light snacks, beer, wine, and non-alcoholic drinks.

### TYPICAL WEATHER

Mid-August in McCall is normally great weather. Highs during the day tend to be low 80's and the lows are mid to high 40's. Please come prepared for both warm and cool temperatures.

THINGS TO BE	<u>RING TO</u>	CAMP
Cl : 1	0 -:11-	

Sleeping bag & pillow	Gloves for cool weather
Bathroom toiletries	Long pants & shorts
Towel (beach & shower)	Sweatshirt & jacket
Swim Suit	Short & Long sleeve shirts
Water Bottle	Flashlight or Headlamp
Tennis shoes/Hiking Boots & Flip Flops	Sunscreen (30 SPF minimum)

Updated 11/2023 Page 2 of 4

<sup>\*</sup>Activity Options: Paradise Point Camp will offer activities based on the availability of trained camp staff including: archery, axe throwing, slingshot, ceramics, high ropes course (zip line, giant swing, etc.), boat tours, and ukulele lessons.

Hat for hot/cold weather	Bug Spray
--------------------------	-----------

### THINGS TO LEAVE AT HOME

Illegal drugs, fireworks, weapons, or ammunition are not permitted on Paradise Point property. Registered service animals are the only pets allowed on camp. Paradise Point Camp strives to be a tech-free space to enjoy fellowship and God's creation, we recommend leaving electronics at home and limiting any cell phone use during camp.

### LODGING ACCOMMODATIONS

The King Lodge provides heat, electricity, attached bathrooms, and in-room vanity sink. Jack-and-Jill bathrooms are shared with one other room and beds have fitted sheets only. All bedding, toiletries and towels are provided by the participant.

Cabins have screened in windows and bunk beds with twin sized foam mattresses; however, they do not include heat or electricity. Rechargeable, battery powered lanterns are available for use in cabins. Please pack accordingly to stay warm! To prevent unwanted visits from wildlife, food should not be kept inside the cabins.

Lodging preferences are selected during registration. If changes need to be made after registration, please contact the Camp Office.

### **LOST & FOUND**

On a daily basis, lost and found items will be placed on Trust Rock (the rock in the central gathering area) for campers to claim. Please call the Camp Office if you realize you've lost something after departure day. Lost and found items can be picked up at camp, the Diocesan Office in Boise, or be shipped at an additional charge. All leftover items are donated at the end of the camping season. Please label all your items to help prevent missing items.

### **BROWN BEAR STORE POLICY**

Brown Bear is the camp store where participants can purchase snacks, drinks, and merchandise daily. Snacks and drinks are \$2 or less and merchandise can range in price from \$5-\$35 (sweatshirts, water bottles, tumblers, stuffed animals, etc.). Participants have the option during check-in to start a tab or make a deposit into their Brown Bear store account. Tabs must be started by an adult and be paid in full (cash, credit, or check) before departing camp.

Balances of less than \$15 at the end of each camp session will be donated to the Camper Scholarship Fund. Balances can be transferred to siblings or family members attending future camp sessions. Parents/guardians have the option to donate balances over \$15 to the Camper Scholarship Fund or have balances refunded via check. All Brown Bear Refunds & Donations will be processed within 30 days of the last camp session if it is not transferred.

### PARADISE POINT CAMP GUIDELINES

- Alcohol Please drink safely and responsibly
  - o Groups may bring & serve their own alcoholic beverages in a responsible manner
  - Alcoholic drinks are NOT allowed in specialized program areas (i.e. wibit, ropes course, archery) and these programs cannot be run by participants who have consumed alcohol, are in serious states of altered consciousness, or who are otherwise inebriated
  - o Underage drinking is NOT tolerated
- Bicycles Only allowed on the upper road (around the ropes course)
  - o No biking in the main part of camp
- Dining Hall The Dining Hall is an Idaho Health Department regulated facility
  - o Shoes, shirts, and pants are required to enter the Dining Hall
  - o The ice machine is available for use by guests, but the ice scoop provided must be used
  - o Guest food items are not allowed to be stored in the Dining Hall refrigerators or freezers (there is a residential refrigerator/freezer in the Health Center that guests can utilize)
  - o Guests may bring personal food/snacks if they are stored in plastic bins with lids or in personal vehicles
  - o Do not store any food in camper cabins
- **Emergency Procedures** If the bell rings continuously (more than 6-8 times), all guests must gather at the Recreation Hall as quickly as possible and wait for further instructions
- Green Areas Please respect the Green Areas, vegetation and forest life and use paths when possible
- Lanterns for Cabins Available in the Recreation Hall and should be returned to charge daily

Updated 11/2023 Page **3** of **4** 

- **Pets** Paradise Point Camp's facilities can accommodate service animals only; all other pets are NOT allowed. Service animals must be kept on a leash at all times and picked-up after (please properly dispose of all waste in garbage cans)
- Quiet hours 10pm- 7am Sun-Thurs and 11pm 7am Friday and Saturday
- Restricted Program Areas Please stay out of restricted areas unless accompanied by a certified staff member
  - o Areas are: The Ropes Course, Archery/Axe Range, Ceramic Center, and Wibit (inflatable water obstacle course)
- **Smoking** Smoking is only allowed at the green picnic bench north of the Dining Hall all butts must be placed in the ashtray provided. Additional fees will be incurred for any cigarette butts picked up at camp.
- Speed limits and parking guidelines 6 mph into, out of, and throughout camp. Please back-in to all parking spots in case of an emergency evacuation
- Staff Area Please respect the privacy of the residential staff and do not enter staff area (staff housing is in the cabins to the west (behind) the dining hall)
- Trash and Recycle Plastic trash cans for trash and metal cans for co-mingled recycling. Separate bins will be made available for all glass recycling
- Waterfront Guidelines Please follow all posted rules and lifeguard recommendations
  - o Glass containers are NOT allowed within the ropes of the Waterfront area
  - o The WIBIT is only used when lifeguards are on duty and have specifically opened it for use
  - o All boaters in any Paradise Point vessel MUST have a life jacket on at all times; youth under 18 must have adult supervision
  - o Diving is not allowed from the docks as the depth is too shallow
  - o The Waterfront area, including all water craft, is closed after dusk and before dawn
  - o Jumping from any rock cliffs on Paradise Point Camp's property is NOT allowed

### **DIRECTIONS TO PARADISE POINT FROM BOISE**

- Head west on State Street (Highway 44)
- Turn right onto Highway 55 North and continue 98 miles
- Heading north into McCall on Highway 55 (North 3<sup>rd</sup> Street in McCall)
- Turn right onto Deinhard Ln at the traffic light
- Turn left at S Samson Trail (stop sign)
- Continue onto Spring Mountain Ranch Blvd
- Turn right at Lick Creek Road (stop sign) and continue ~2 miles
- Slight left onto Eastside Drive at the fork (look for Paradise Point's sign to point the way)
- Continue 3.5 miles to Camp (pass Camp Morrison, Camp Ida-Haven and Tamarack Condominiums) Entrance to Paradise
  Point is on the left 1 mile after pavement ends

#### DIRECTIONS TO PARADISE POINT FROM NEW MEADOWS

- Head east on Highway 55 and continue 12 miles
- Heading east into McCall on Highway 55 (Lake Street in McCall)
- Turn right onto North 3<sup>rd</sup> Street in McCall
- Turn left onto Park Street (My Father's Place and May Hardware are on the corner)
- Continue onto Thompson Avenue
- Turn left at Davis Avenue
- Turn right at Lick Creek Road (stop sign) and continue 2 miles
- Slight left onto Eastside Drive at the fork (look for Paradise Point's sign to point the way)
- Continue 3.5 miles to Camp (pass Camp Morrison, Camp Ida-Haven and Tamarack Condominiums)
- Entrance to Paradise Point is on the left 1 mile after pavement ends

Updated 11/2023 Page 4 of 4